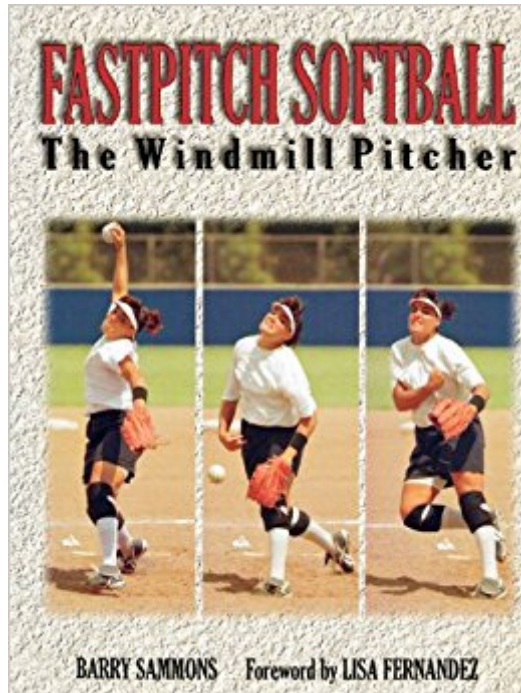




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# Fastpitch Softball : The Windmill Pitcher



## Synopsis

"The Windmill Pitcher is the most comprehensive book on fastpitch pitching that I have read. It is an excellent reference for both coaches and pitchers." -- Ernie Parker, world-renowned pitching coach

"I now have a comprehensive reference book to offer the people who contact me about pitching. The chapter on increasing ball speed is outstanding. There was an incredible need for this book and I thank Barry for writing it." -- Sherry Werner, PhD, lead researcher, International Olympic Committee's Submission on Biomechanics and Physiology

"One of the most comprehensive fastpitch instructional books on the market today. A must addition for any coach's library." -- Art Certosimo, DuPage County, Illinois

Barry Simmons has been a pitcher in men's fastpitch softball leagues at all levels for 35 years. Also a student of art and design, Sammons used his knowledge to develop many of the illustrations used in the book. He is an attorney for the Milwaukee, Wisconsin firm of Quarles & Brady.

## Book Information

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## Customer Reviews

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Using this to get some background while working with my 8 year old. Good explanations and good diagrams, although the drawings are sometimes a little difficult to understand. I would find it difficult to use this book as my only resource, but when used in conjunction with Internet research, other sources, and a live pitching coach, this book provides help in filling in the gaps, and allowing me to

study on my own. For those purposes I'm glad to have it - but if it was my only resource I don't think it would be enough.

I've read many a book on softball pitching, and most of them tend to be promotions for the "cover girl." At least this one gave a little more. My disappointments deal with not being able to transfer much of this into mens' fastpitch. There are subtle and not so subtle differences in the games, and there are other pitches in the repertoire with men, as well as differences in the movements that this didn't capture. I expected more from a former mens' pitcher and coach, than coverage only of the womens' game. Maybe it was the promo on it that misled me. Either way, I didn't get what I was looking for. But you don't teach men the way you teach women.

Bought this so that my husband could help by daughter with pitching for her softball team. Very helpful! She was able to make great improvements. Enjoy !

I have a collection of tapes from various people. It would seem that video would be the best medium for this kind of instruction. Maybe it's because I viewed and re-viewed the tapes so often, but I honestly got more detail out of this book than anything else I've used. The discussion of each piece of the mechanics along with drills I haven't seen on any tape was very, very helpful. I would strongly recommend this book. It's straight-up, no hype instruction. Excellent for beginning or intermediate pitchers and/or coaches.

My granddaughter is trying to learn the windmill style of pitching but the season is over and so is her interest.

helpfully

Very instructional for all abilities and levels of pitchers. Its my go to handbook.

Coach/husband got it for my daughter. I don't even know if they have used it.

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